

## Enjoy Your Own Valentine's Getaway With:

- Great Sessions
- Banquet Dinner
- Evening Entertainment
- Free Couples Photo Shoot
- Free Time Options like Pickleball, Escape Room, and Mini Golf



Ingham +  
Okoboji  
Lutheran Bible Camps

1203 Inwan St.  
Milford, IA 51351

[www.okoboji.org](http://www.okoboji.org)  
[www.everydaydiscipleship.org](http://www.everydaydiscipleship.org)



## Okoboji Marriage Retreat



February 13-15  
Okoboji Lutheran Bible Camp

Ingham +  
Okoboji  
Lutheran Bible Camps



# Meet the Speakers

Eric and Pam Hulstrand



Pam & Eric have been both married and partners in ministry for 37 years. They have served in pastoral ministry in rural North Dakota, Minneapolis and also planted a church. Currently they serve as an intentional interim pastoral team. They have a passion for healthy relationships. Through his Moving Forward ministry, Eric consults with churches going through conflict or transition. Through her On Bended Knee Ministry, Pam does premarital counseling and marital tune-ups with couples. She loves facilitating retreats for couples of all ages. Pam and Eric are the parents of two adult daughters through the gift of open adoption. Eric is a biker and hunter. Pam is a walker and organizer extraordinaire. They love competing with each other in a good game night or figuring out "who done it" in a good murder mystery.



## marriage matters seminar

### Theme: "Marriage Matters Seminar"

This seminar will be a combination of large group teaching, group interaction and time alone as a couple. Sessions will include scoping out personality similarities and differences, peeling each other's onions and keeping the spark alive. The Prepare/Enrich online inventory will serve as the focus of discussions. Registered couples will be instructed on how to take the survey ahead of the retreat (\$35 cost). Prepare/Enrich helps committed couples gain a deeper understanding of dynamics, personality, stress and strength and growth areas.

### Items to Bring

- Pillow
- Linens\*
- Toiletries
- Notebook/Pen
- Bible
- (Optional) Activewear for Activities
- (Optional) Nicer outfit for Saturday Evening

\*Linens can be provided for an additional fee of \$20 per couple. Includes bedding and towels.

Registration at 7:30 pm on Feb. 13  
Programming Begins at 8:00 pm  
Weekend Concludes with Lunch  
at 11:00 am on Feb. 15

### Cost

\$239 for the weekend per couple  
\$139 commuter rate per couple (breakfast  
not included)  
Deposit: \$50/couple (non-refundable)

## Marriage Retreat Registration Form

Husband: \_\_\_\_\_

Wife: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Husband's Phone: \_\_\_\_\_

Wife's Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Home Church: \_\_\_\_\_

Special Needs/Food Allergies/Housing Needs: \_\_\_\_\_

☐ Commuter

☐ Yes, I'd like linens! (Additional fee of \$20/couple)

☐ I give my permission for any photo taken of myself to be used for promotional purposes. In the event of an emergency I understand that my emergency contact listed above will be contacted. However, I give permission for camp staff or others to provide any emergency medical care. I agree to pay for any such care. In no situation will we hold Ingham Okoboji, staff members or board members liable. I understand choosing to participate in this program may increase the risk of being exposed to communicable diseases such as flu or COVID. For the safety of other participants and IOLBC staff, I agree to stay home if I'm ill.

Signature: \_\_\_\_\_

Please send deposit and form to:  
IOLBC, Attn: Marriage Retreat,  
1203 Inwan St. Milford, IA 51351  
For more information call 1-800-656-2654  
or email at [registrar@okoboji.org](mailto:registrar@okoboji.org)