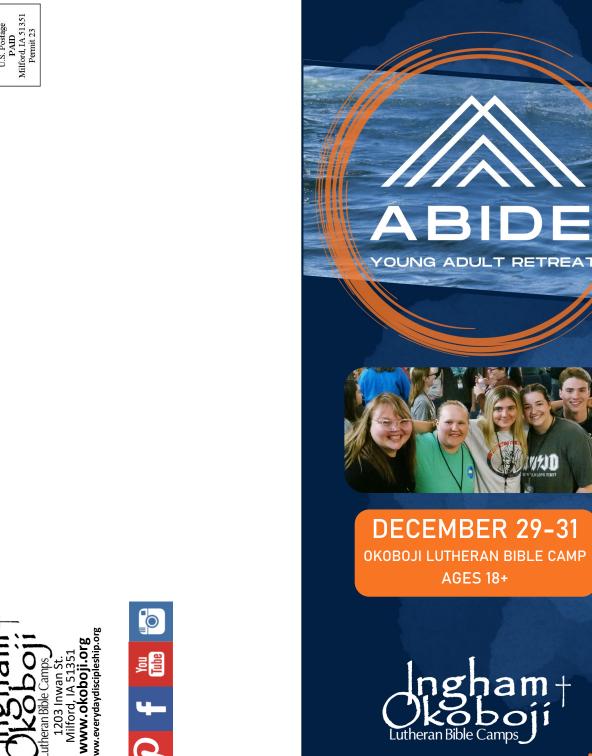
TAKE A BREAK. CATCH YOUR BREATH. REST, RELAX, AND BE RENEWED BY GOD. ABIDE IS A BRAND NEW WEEKEND RETREAT FOR YOUNG ADULTS TO GATHER FOR WORSHIP, BIBLE TEACHING, FUN **ACTIVITIES, AND CONNECTION WITH OTHER** YOUNG ADULTS.

#### **ENJOY ACTIVITIES LIKE...**

- LARGE GROUP NIGHT GAME
- **BREAKOUT SESSIONS**
- **COOKIE DECORATING**
- **COFFEE HOUSE KARAOKE**
- **MORNING PILATES**
- **VISION BOARDS**
- SLEDDING AND WINTER FUN





# MAIN SPEAKER JAMIE RICHARDS



Jamie Richards is a central IA native and earned a degree in Christian Education and Ministry with an emphasis in Youth Ministry and Adolescent Studies from Northwestern College in Orange City, IA, before moving to the greater Seattle area to serve as a youth minister. After more than half a decade, she moved back to IA and stepped into the role of Young Adult Minister for REVIVE at Hope in West Des Moines.

Her initial step into ministry was through Riverside Lutheran Bible Camp in Story City, IA, where she was on summer staff as a Camp Counselor, Discipleship Team member and as an Assistant Program Coordinator.

Outside of work, you'll find Jamie at the movies, drinking chai with friends, being active outside or on social media ... because let's be honest ... Instagram rules.

## THEME: "RESTORED"

The theme is "Restored," based on Psalm 80:3. God brings life out of death and healing out of brokenness. In Christ we discover that God gives us a restored relationship with the Father, a restored identity, a restored purpose, and a restored sense of belonging in community.



#### "BREAKOUT SESSION TOPICS"

- Read the Bible like a Pastor
- Personal Finance
- Discerning a Call/Vocation
- Healthy Relationships
- Q and A with Jamie Richards
- Menu Planning



### WHAT TO BRING

• Pillow\*

- Bible
- Bedding/Sleeping bag & towel\*
- Notebook & Pen
- Winter Clothing
- Toiletries

\*Linens can be provided for an additional fee of \$20.

REGISTRATION BEGINS DEC. 29 AT 7 PM
CONCLUDES WITH BRUNCH
ON DEC. 31 AT 10:30 AM

REGISTRATION COST: \$99 COMMUTING: \$69

DEPOSIT: \$30

(Deposits are non-refundable.)

MORE INFO AND TO REGISTER ONLINE AT WWW.OKOBOJI.ORG/ABIDE

# 2023 YOUNG ADULT RETREAT REGISTER TODAY!

Nama.

Nume:			
Date of Birth:	_ Sex:	Male	Female
Address:			
City, State, Zip:			
Phone:			
Email:			
Emergency Contact (Name & Phor	ne Num	nber):	
Home Church: Food Allergies/Dietary Concerns o			
Roommate Request:			
(A limited amount of housing is availal Most housing will be cabin groups of			•
Call if interested in married housin Campership assistance is available	-		
Commuter Yes, I'd like linens! (Addit	ional	fee of	f \$20)
I give my permission for any photo taken o tional purposes. In the event of an eme			

I give my permission for any photo taken of myself to be used for promotional purposes. In the event of an emergency I understand that my emergency contact listed above will be contacted. I give permission for camp staff or others to provide any emergency medical care until they are able to be contacted. I agree to pay for any such care. In no situation will we hold Ingham Okoboji, their staff members or board members liable. I understand choosing to participate in this program will increase the risk of being exposed to communicable diseases. I agree to not come to camp if I suspect I am sick.

Signature: _	
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Please send \$30 deposit and form to: IOLBC, Attn: Young Adult Retreat 1203 Inwan St. Milford, IA 51351