

TAKE A BREAK. CATCH YOUR BREATH. REST, RELAX, AND BE RENEWED BY GOD. **ABIDE** IS A BRAND NEW WEEKEND RETREAT FOR YOUNG ADULTS TO GATHER FOR WORSHIP, BIBLE TEACHING, FUN ACTIVITIES, AND CONNECTION WITH OTHER YOUNG ADULTS.

**ENJOY ACTIVITIES LIKE...**

- LARGE GROUP NIGHT GAME
- BREAKOUT SESSIONS
- COOKIE DECORATING
- COFFEE HOUSE KARAOKE
- MORNING PILATES
- VISION BOARDS
- SLEDDING AND WINTER FUN



Nonprofit  
Organization  
U.S. Postage  
PAID  
Milford, IA 51351  
Permit 23

Ingham+  
Okoboji  
Lutheran Bible Camps  
1203 Inwan St.  
Milford, IA 51351  
[www.okoboji.org](http://www.okoboji.org)  
[www.everydaydiscipleship.org](http://www.everydaydiscipleship.org)



**DECEMBER 29-31**  
**OKOBOJI LUTHERAN BIBLE CAMP**  
**AGES 18+**

Ingham+  
Okoboji  
Lutheran Bible Camps

# MAIN SPEAKER JAMIE RICHARDS



Jamie Richards is a central IA native and earned a degree in Christian Education and Ministry with an emphasis in Youth Ministry and Adolescent Studies from Northwestern College in Orange City, IA, before moving to the greater Seattle area to serve as a youth minister. After more than half a decade, she moved back to IA and stepped into the role of Young Adult Minister for REVIVE at Hope in West Des Moines.

Her initial step into ministry was through Riverside Lutheran Bible Camp in Story City, IA, where she was on summer staff as a Camp Counselor, Discipleship Team member and as an Assistant Program Coordinator.

Outside of work, you'll find Jamie at the movies, drinking chai with friends, being active outside or on social media ... because let's be honest ... Instagram rules.

## THEME: "RESTORED"

The theme is "Restored," based on **Psalm 80:3**. God brings life out of death and healing out of brokenness. In Christ we discover that God gives us a restored relationship with the Father, a restored identity, a restored purpose, and a restored sense of belonging in community.

**RESTORED**  
PSALM 80:3

## "BREAKOUT SESSION TOPICS"

- Read the Bible like a Pastor
- Personal Finance
- Discerning a Call/Vocation
- Healthy Relationships
- Q and A with Jamie Richards
- Menu Planning



## WHAT TO BRING

- Pillow\*
- Bedding/Sleeping bag & towel\*
- Toiletries
- Bible
- Notebook & Pen
- Winter Clothing

\*Linens can be provided for an additional fee of \$20.

REGISTRATION BEGINS DEC. 29 AT 7 PM

CONCLUDES WITH BRUNCH

ON DEC. 31 AT 10:30 AM

**REGISTRATION COST: \$99**

**COMMUTING: \$69**

**DEPOSIT: \$30**

(Deposits are non-refundable.)

MORE INFO AND TO REGISTER ONLINE AT

[WWW.OKOBOJI.ORG/ABIDE](http://WWW.OKOBOJI.ORG/ABIDE)

## 2023 YOUNG ADULT RETREAT REGISTER TODAY!

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: Male Female

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact (Name & Phone Number):  
\_\_\_\_\_

Home Church: \_\_\_\_\_

Food Allergies/Dietary Concerns or Housing Needs:  
\_\_\_\_\_

Roommate Request: \_\_\_\_\_

(A limited amount of housing is available for married couples. Most housing will be cabin groups of 3-6 males or females.)

Call if interested in married housing  
Campership assistance is available

Commuter

Yes, I'd like linens! (Additional fee of \$20)

I give my permission for any photo taken of myself to be used for promotional purposes. In the event of an emergency I understand that my emergency contact listed above will be contacted. I give permission for camp staff or others to provide any emergency medical care until they are able to be contacted. I agree to pay for any such care. In no situation will we hold Ingham Okoboji, their staff members or board members liable. I understand choosing to participate in this program will increase the risk of being exposed to communicable diseases. I agree to not come to camp if I suspect I am sick.

Signature: \_\_\_\_\_

Please send \$30 deposit and form to:  
IOLBC, Attn: Young Adult Retreat  
1203 Inwan St. Milford, IA 51351